

Intereach Community Support: Fact Sheet

Commonwealth Home Support Programme (CHSP) and Home Care Packages (HCP)

What is the difference and how does it work?

What is the Commonwealth Home Support Programme?

The CHSP provides entry level services to older people to assist them to remain living independently in their own homes. These were formerly known as Home and Community Care (HACC) services.

Unlike Home Care packages, CHSP services are aimed at assisting older people with lower needs and deliver entry level services to meet their goals.

Services provided under the CHSP include:

- Help with washing and ironing, house and cleaning
- Assistance with shopping
- social activities either group or individual
- Personal care such as help with showering or bathing and dressing

People who access CHSP services generally require only one or two types of service as opposed to those who are receipt of Home Care Packages accessing multiple service types. Unlike Home Care Packages CHSP services attract a per hour fee for services provided.

**Adapted from the Australian Government Department of Social Security Services – My Aged Care 2016*

What is a Home Care Package?

The HCP provides packages of care to meet higher level care needs and assist people to live independently in their homes. The HCP allows people to tailor a coordinated range of care services to help meet their care needs and achieve their goals. The range of care and services available under a Home Care Package includes, but is not limited to:

- Help with washing and ironing, house cleaning, gardening, basic home maintenance
- Home modifications related to care needs
- Transport
- Help with shopping, transport to doctors or to attend social activities
- Personal care such as help with showering or bathing, dressing and mobility
- Nursing, allied health and other clinical services
- Hearing and vision services
- Care coordination and case management

Home Care Packages allow older people to access a broad range of services to meet their needs. Services are funded via an Australian Government Subsidy and recipients also contribute to the costs of services as a packaged amount calculated on a basic daily fee.

Are you aged 65 or over, and need help to stay living at home?

Intereach can meet with you to explain how it works and how to get started. Staff can help you access My Aged Care, suggest some support that might help and get it underway.

We can meet you in person (Albury or Deniliquin), or over the phone. Call us for a chat today.