



Family Links

Are you a new parent, have a young family or struggling to cope with the pressures of parenting? Intereach Family Links work with you and your family to take the stress out of parenting and help you raise children that are healthy and resilient.

► So, how does it work?

Intereach Family Workers offer you a range of parenting information and support, either in groups or one-to-one, whichever you prefer.

We work with you in a place that you feel comfortable; your home or in the community, in a confidential and caring manner.

Call us for a chat about how we can support you.

► Where is it available?

Intereach Family Links is available in the Murrumbidgee, Berrigan, Federation, Lockhart and Greater Hume Local Government Areas.

► Is there a cost?

There is no cost to access this support.





We pay our respects to the Elders, both past and present, and to those of the future, for they hold the memories, the traditions, the cultures and hopes of Aboriginal Australia.

Intereach acknowledges all traditional owners and Elders past and present, particularly the traditional custodians of the lands where our offices are located and the areas where we work.

► Need assistance to talk to us?

If you are deaf, or have a hearing impairment or speech impairment, contact us through the National Relay Service:

TTY users

Phone 133 then
ask for 1300 488 226

Speak and Listen users

Phone 1300 555 727 then
ask for 1300 488 226

SMS relay users

SMS 0423 677 767

Need an interpreter?

Phone 131 450

► Supporting Diversity

Intereach welcomes every person irrespective of gender or gender identity, age, Aboriginal or Torres Strait Islander heritage, cultural background, physical or intellectual abilities, country of birth, religious beliefs, sexuality and other real and perceived differences.

Offices

Albury

Bendigo

Corowa

Cootamundra

Deniliquin

Echuca

Finley

Griffith

Hay

Kyneton

Maryborough

Mildura

Seymour

Shepparton

Swan Hill

Wagga Wagga

Intereach operate offices in locations throughout NSW and Victoria to deliver a wide range of support to children, families, carers, young people, people living with a disability and the general community.

Toll free **1300 488 226**

Email intereach@intereach.com.au

www.intereach.com.au

This service is funded by the NSW Department of Family and Community Services.

