



Commonwealth Home Support Programme



The Commonwealth Home Support Programme (CHSP) is an entry-level home support program that helps older people to live independently in their homes and communities. Intereach will work with you to maintain your independence and keep you as well as possible. The program also provides respite services to give carers a break. Intereach delivers CHSP in the Riverina-Murray region of NSW and the Campaspe Shire in Victoria.

The program aims to:

- help people live as independently as possible;
- focus on working with them, rather than doing things for them; and
- give a small amount of help to a large number of people.

Most people receiving CHSP services only need one or two services to help them stay independent.

Why is the program important?

Most people want to stay at home for as long as possible as they get older. To support this, the program subsidises a range of in-home aged care services. These services help older Australians to:

- stay independent and safe in their own homes;
- delay or avoid high-level care such as residential care in an aged care facility;
- stay socially active; and
- stay connected with their community.

Who it is for?

The program is for older Australians who need support to live independently at home and are either:

- people aged 65 years or over, 50 or over for Aboriginal or Torres Strait Islander peoples, and have functional limitations and need assistance.

The program also supports carers by providing planned respite services for recipients. This allows carers to take a break from their caring role.

What services the program can provide:

- help around the house
- transport
- meals
- personal care
- home modifications
- social support
- nursing and allied health
- planned respite care

Are you aged 65 or over, 50 years or older for Aboriginal and Torres Strait Islander people, and need help to stay living at home?

Intereach can meet with you to explain how it works and how to get started. Our staff can help you access My Aged Care, suggest some support that might help and get it underway. Call us to arrange an in-person or over-the-phone appointment on **1300 488 226**.



Home Care Packages



Intereach Home Care Packages (HCP) provide support to people with higher level care needs and assist people to live independently in their homes. We work with you to understand you and your needs and identify your goals, including the most appropriate way to support you to live a more active and independent life.

Support is provided through an Intereach Home Care Package and is a coordinated mix of services that can include:

- help with household tasks;
- assistive equipment (such as walking frames);
- minor home modifications;
- personal care; and
- clinical care such as nursing, allied health and physiotherapy services.

There are four levels of Home Care Packages ranging from Level 1 for basic care needs through to Level 4 for people with higher care needs.

The Australian Government provides funding for Home Care Packages under the *Aged Care Act 1997* and *Aged Care (Transitional Provisions) Act 1997*.

How the program works

Home Care Packages are assigned to people, not providers. This means a person can choose a provider in their area that best meets their needs. It also means the person can take their package with them if they want to change providers.

Are you aged 65 or over, 50 years or older for Aboriginal and Torres Strait Islander people, and need help to stay living at home?

Intereach can meet with you to explain how it works and how to get started. Our staff can help you access My Aged Care, suggest some support that might help and get it underway. Call us to arrange an in-person or over-the-phone appointment on **1300 488 226**.

Why the program is important:

We know that most people want to stay at home for as long as possible as they get older. To support this, the program subsidises:

- in-home aged care services; and
- services to help people stay connected with their community.

The program provides services for older people whose needs are greater than what's provided by the Commonwealth Home Support Programme.

How do I get a Home Care Package?

1. Phone the Intereach Aged Care Links team who will talk with you to get an understanding of your situation and how we can help.
2. We can assist you to register with My Aged Care.
3. You choose the support that suits you. Intereach will work with you, your partner, carer or family, to coordinate your services at a time and place that you prefer.