



# Support At Home

Whether it's assistance with daily tasks, accessing transport, or modifying your home, the Support at Home program makes it easier to receive the care you need to live independently and safely in your own home for longer.

## How does it work?

Support at Home offers a wide range of services designed to help you live independently, including:

- Personal Care: Assistance with daily tasks such as dressing and bathing.
- Domestic Assistance: Help with cleaning, cooking, and other household chores.
- Transport: Support with getting to appointments or running errands.
- Allied Health Services: Access to physiotherapy, occupational therapy, and other therapeutic supports.
- Social Support: Opportunities to stay connected with your community.
- Assistive Technology & Home Modifications: Equipment and adjustments such as grab rails or ramps to improve safety and mobility.

## Who can access?

The Support at Home program is available for older Australians (65+ or 50 if Aboriginal or Torres Strait Islander) who need assistance to remain independent at home.

Eligibility is determined through an assessment carried out by the Aged Care Assessment Team (ACAT) from My Aged Care through an assessment carried out by the Aged Care Assessment Team (ACAT), ensuring the right level of support is provided to meet your individual needs.

## Where is it available?

Intereach delivers Aged Care Services across the Riverina-Murray region of NSW and across North and Central Victoria.

## Contact Us

P: 1300 488 226

E: [agedcare@intereach.com.au](mailto:agedcare@intereach.com.au)

W: [www.intereach.com.au](http://www.intereach.com.au)

## Need assistance to talk to us?

If you are deaf, or have a hearing impairment or speech impairment, contact us through the National Relay Service:

### TTY users

Phone 133 677 then ask for 1300 488 226

### Voice Relay

Phone 1300 555 727 then ask for 1300 488 226

### SMS relay users

SMS 0423 677 767

### Need an interpreter?

Phone 131 450 then ask for 1300 488 226



## Support At Home

# Why you will love Intereach

If you're considering Intereach as your provider for Support At Home, here are some compelling reasons why we should be at the top of your list:

**Expertise:** Intereach is a leader in providing a wide range of services to older people, including Home Care Packages. Our expertise and experience means we understand the specific needs of older people and can provide tailored, high-quality care that truly makes a difference in people's day-to-day life.

**Personalised Care:** We understand that everyone is unique and their care needs are specific to them. We take a person-centred approach to care, working closely with older people and their families to create personalised care plans that are tailored to meet the specific needs and preferences of each individual.

**Quality Services:** We are committed to providing high-quality services to older people. We regularly review and update our services to ensure we are meeting the needs of older people and that they are in line with the latest industry standards.

**Strong Community Connections:** Our staff live in the communities we serve. This allows us to understand the specific needs of older people and to provide services that make a great difference in people's lives.

**Flexibility:** We offer flexibility in the services we provide, allowing older people to access services as and when they need them, and to make changes to their care plans as their needs change. This ensures that older people have the support they need to live independently in their own homes for as long as possible.

**With Intereach, you can trust that you will receive expert, personalised care tailored to your specific needs and that your provider has a deep understanding of your community.**

**Talk to us today.  
Phone 1300 488 226.**

